

**HERTFORDSHIRE &, NORTH LONDON AREA**

**REGIONAL GRADING.**

**SUNDAY 4<sup>th</sup>. October 2009**

**@**

**LYONSDOWN JUDO CLUB**

**LYONSDOWN HALL**

**LYONSDOWN ROAD**

**BARNET,**

**HERTS.**

**PRIMARY, JUNIOR AND SENIOR GRADING.**

**CONTEST & SYLLABUS EXAMINATIONS WHERE APPROPRIATE.**

All those wishing to attend must produce an up to date membership of the British Judo Council, current on the day of grading.

PRIMARY AND JUNIOR GRADES REGISTER @ 11.30 am

SENIOR GRADES REGISTER @ 1.00pm

**KATA REQUIREMENT WILL BE EXAMINED ON THE DAY!**

Senior: £7.50 - Primaries & Juniors: £5.00

ALL ENTRIES AND ENQUIRIES TO:-

John Massmann, 4, Wortham Road, Royston, Herts SG8. 9UE.

Phone - 01763 -241020 Mobile 07795- 983983